

WOMEN IN BALANCE

A Unique Women's Retreat in the Santa Monica Mountains

RELAX * RENEW * RECHARGE

Spend a day in the country and connect with other women
in a supportive and healing environment.

*Equine Interactive Learning - No horse experience necessary
No Riding!*



Experience

- Authenticity
- Assertiveness
- Creativity

Explore

- Body Image
- Effective Boundaries

Connect

- With Passion
- With Intuition

Saturday, October 3, 2009

9 am - 4 p.m.

\$200.00

Space is limited - small group format

Lunch Included

Early Registration Discount before September 19

\$175.00

For more information or to register

www.InBalanceAtTheRanch.com

818.754.4454



At InBalance, we provide you with interactive experiences that teach awareness, trust, confidence, and connection. With over 40 years of combined experience, our licensed therapists and certified equine professionals use problem solving activities and metaphor to create an ideal opportunity for personal growth and development.

Vallerie E. Coleman, Ph.D. (#12592) ~ Amy Pulitzer, MFTi (#51056) ~ Kiki Ebsen, ES ~ Terry Carroll, ES



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