

Newport Psychoanalytic Institute

The Training Division of

NEWPORT CENTER FOR PSYCHOANALYTIC STUDIES

Non Profit Public Benefit Corporation

Administrative Office and Tustin Campus: 250 W. Main Street, Suite 202, Tustin, CA 92780 • (714) 505-9080 • Fax (714) 505-9465
Pasadena Campus: 911 E. Colorado Blvd., Suite 200, Pasadena, CA 91106 • (626) 796-2776
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COURSE TITLE: Beyond the Couch: Using Embodied Awareness to Shift from Resistance into Resonance

INSTRUCTOR: Vallerie E. Coleman, Ph.D., Psy.D.

CLASS DATE: Saturday, April 9, 2011, 9:00 AM – 5:00 PM

COST: \$140 – 7 CE/CEU hours

**LOCATION: At the InBalance Ranch
425 West Carlisle
Westlake Village, 91361**

COURSE DESCRIPTION: In clinical practice, resistance, in our clients and ourselves, is a natural part of the ebb and flow. Yet, there are times when it can become a significant impediment - foreclosing on exploration, blocking forward movement, and interfering with our capacity for reverie and attunement. In this small group experiential workshop you will have the opportunity to learn about the vicissitudes of resistance, explore ways in which resistance may impact your clinical work, and gain skills for turning resistance into resonance.

COURSE OBJECTIVES:

- Gain an increased understanding of resistance and its manifestations in our clients and ourselves.
- Participate in experiential exercises and discover how working with horses can quickly illuminate dynamics and provide immediate opportunities for growth and change.
- Increase capacity for self-reflection and use it to increase your clinical effectiveness. This include identifying ways in which the participant's past training, personal issues, or needs may influence resistance and resonance.
- Process, through facilitated dialogue, increased self-awareness and ways of shifting resistance into resonance.

COURSE FORMAT: This is a unique, outdoor retreat/workshop utilizing experiential (no riding) interaction with horses, as well as lecture and discussion. We will be meeting outdoors in a natural, healing setting. You can learn more about Equine Assisted Learning by visiting www.inbalancewithhorses.com.

INSTRUCTOR: Vallerie E. Coleman, Ph.D., Psy.D. is a clinical psychologist and psychoanalyst. A graduate of the Newport Psychoanalytic Institute, she is the Clinical Director of InBalance and has a private practice in Santa Monica, CA. Dr. Coleman specializes in helping individuals and couples improve their lives and relationships through psychoanalytic psychotherapy and Equine Assisted Psychotherapy. Her work is based in a combination of object relations theory, attachment theory, and sensorimotor psychotherapy. She has been on faculty at Loyola Marymount University and the Newport Psychoanalytic Institute.

REGISTRATION FORM:

Name: _____

License _____

Address: _____

City: _____

Zip: _____

Phone: _____

Email: _____

_____ **\$120 - Beyond Kohut and Kernberg: Contemporary Approaches to the Treatment of Narcissistic Phenomena**

_____ **\$140 - Beyond the Couch: Using Embodied Awareness to Shift from Resistance into Resonance**

Total Fees: _____ **Credit Card #** _____ **Exp Date** _____

Make checks payable to NPI and mail to 250 W. Main St., Ste. 202, Tustin, CA 92780, fax 714-505-9465. We also accept Mastercard, Visa, American Express and Discover. Fees are due with your registration.

Space is limited. Pre-registration is required. NO walk-ins.

All programs meet the qualification hours of continued education credit for MFT(s) and LCSW(s) as required by the California Board of Behavioral Sciences. (Provider #PCE97)

“The Newport Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Newport Psychoanalytic Institute maintains responsibility for this program and its content.”

Refunds for all events will only be honored with a 48 hour notice of cancellation, less \$20 administrative fee.