

InBalance *inMotion* Workshop

Goals & Distractions



Focus *your* dreams.

With all the challenges in this rapidly changing world, its easy to lose sight of your goals and spend energy shadow-boxing the problems. In this workshop you will **build confidence, determination, and focus** to keep your eye on the prize and not the struggle. What stands in your way? What do you need to do to move forward?

Friday, September 11, 2009 10am-Noon

\$100 per person

For questions or to register for a workshop,

At InBalance, we inspire ourselves and others to connect with their inner wisdom and step into balance and authenticity every day.

www.InBalancewithHorses.com

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